

## DINGLEY PRIMARY SCHOOL

*Healthy Hideout Menu***HOT FOOD***(Available Mon, Tues, Wed, Thurs & Friday)*

<b>Beef Lasagne</b> (Pasta Sheets, Beef & Cheese) 😊	3.50
<b>Twister Bolognaise</b> (Pasta with beef) 😊	3.50
<b>Macaroni Cheese</b> (Large pasta with cheesy sauce) 😊	3.50
<b>Honey Soy Chicken</b> (chicken, vegies & steamed rice) 😊	3.50
<b>Chicken Fried Rice</b> (chicken, vegies & rice) 😊	3.50
<b>Pizza</b> (Ham & Pineapple or Cheese & Bacon) 😊	2.80
<b>Corn Cobs</b> 😊	.90c
<b>Boiled Eggs</b> 😊	.90c
<b>Steamed Dim Sims</b> 😊	1.00

*(Mix of Chicken & Beef) NO PORK (Soy Sauce)***😊😊😊 WRAPS – Available Daily**

Chicken & Salad (lettuce/carrot/tomato)	4.20
Tuna, Lettuce & Mayo	4.20
Egg, Lettuce & Mayo	3.80
Chicken, Cheese & Mayo (Toasted)	4.20

**\*\*\*HOT FOOD\*\*\* 😊😊****WEDNESDAYS & FRIDAYS ONLY**

Aussie Pasties (meat & veg) 😊	3.00
Sausage Rolls 😊	2.50
Party Pies (Lite) 😊	1.20 each
Traveller Beef Pie 😊	3.00
Tomato Sauce (sachet) 😊	.30c

**😊😊😊 SANDWICHES- Everyday***(High Fibre White, Wholemeal or Multigrain)**Rolls 40c each/ (Salad extras 40c extra)*

Baked Beans	2.50
Cheese	2.30
Cheese & Vegemite	2.50
Chicken (fresh)	3.50
Egg	2.50
Ham	3.00
Ham & Salad	4.00
Salad (cheese, carrot, lettuce & tomato)	3.50
Tomato	2.50
Vegemite	2.30

😊😊 Our canteen follows the Healthy Schools Choice guidelines with green & amber foods marked on this menu.

**Look out for Tuesdays specials  
each month on Tiqbiz.**

**SNACKS**

Cheese Sticks 😊	.80c
Corntos (Cheese/BBQ) Gluten Free 😊	1.00
Goulburn Valley Fruit Tubs 😊	1.60
Piranha Vege Crackers-Gluten Free 😊	1.20
<i>(Honey Soy, S/Vinegar, BBQ Chees, Italian Supreme, Sour Crème/Chives)</i>	
Popcorn Classic Range: 😊	1.00
<i>(Butter, Cheese, Sweet n Salty, S&amp;V)</i>	
Cobs Popcorn Range 😊	1.20
<i>(Sweet &amp; Salty, Sea Salt, Cheddar Cheese)</i>	
Red Rock Deli Chips:	1.50
<i>(Honey Soy, Sea Salt)</i>	
Choc Chip Mini Muffins 😊	1.00
Banana, Sultana Mini Muffins 😊	1.00
Sultana Box 😊	.80c
Go Cookies 😊	1.00
Sultana/Strawberry Snaps 😊	.50c
Rice Cakes 😊	.20c

**DRINKS/FROZENS**

Water 😊	1.20
Milk OAK light: (Strawberry/Chocolate/Banana) 😊	1.80
Nice n Juicy Fruit Tubes 😊	.50c
Frozen Juice cups (Apple/Orange) 😊	.80c
Frozen Yoghurt (S/Berry, Mango, R/Berry)	1.80
Paddle Pops (Choc/Tropical Yoghurt, Rainbow)	1.60
Olaf Ice-cream 😊	2.00
Shaky Shake Pauls ice-cream tub 😊	2.00
Mini Calypso 😊	1.00
Lemon Icy twists 😊	1.20

**TOASTED SANDWICHES***(Available Daily) 😊😊😊*

Baked Beans	2.80
Cheese	2.60
Cheese & Tomato	2.90
Ham, Cheese, Tomato	4.00
Ham & Cheese	3.70
Ham & Tomato	3.70
Tomato	2.80
Ham	3.30

*Preferred payment via QKR**If not please print child's name, class & order clearly on brown paper bag.**Money to be enclosed inside the paper bag.**10c Fee applies with orders written on envelopes.**No staples please on the bags.*